At a meeting of the HEALTH AND WELLBEING BOARD held in Council Chamber, Priory House, Monks Walk, Shefford on Wednesday, 23 January 2019

PRESENT

Cllr B J Spurr (Chairman)

Mrs D Blackmun Chief Executive Officer, Healthwatch Central Bedfordshire
Mr R Carr Chief Executive
Ms N Evans Chief Executive Officer, ELFT
Ms C Hegley Executive Member for Adults, Social Care and Housing Operations (HRA)
Dr C Marshall Place Based Chair, Central Bedfordshire, BCCG
Ms H Moulder Acting Chair, Bedfordshire Clinical Commissioning Group
Mrs M Scott Director of Public Health

Apologies for Absence:
Mr D Carter
Mr M Coiffait
Mr S Conroy
Dr K Corlett
Mrs P Davies
Cllr S Dixon
Mrs S Harrison
Mrs J Ogley

Substitutes:
Mrs J Dickinson for Mr C Coiffait
Mr T Hoyle for Mrs J Ogley
Ms K Ward for Mr S Conroy

Members in Attendance:
Cllr Mrs S A Goodchild
P Hollick
T Nicols
J N Young

Officers in Attendance:
Mrs N Barnes – Head of Primary Care Modernisation
Mr I Brown – Chief Officer, Public Health
Mrs P Coker – Head of Service, Partnerships - Social Care, Health & Housing
Mrs S Hobbs – Senior Committee Services Officer
Mr P Howitt – BLMK ICS
Ms J Meggitt – Director of Partnerships, Engagement & Communications, BLMK Commissioning Collaborative
Mrs C Shohet – Assistant Director of Public Health
Mr M Westerby – Head of Public Health
HWB/18/25. **Election of Vice-Chairman 2018-19**

RESOLVED that Patricia Davies, Joint Accountable Officer, Bedfordshire, Luton and Milton Keynes Clinical Commissioning Group, be elected as Vice-Chairman for 2018/19.

HWB/18/26. **Chairman's Announcements and Communications**

The Chairman acknowledged the excellent treatment he had received after being admitted to the Luton and Dunstable Hospital.

The Council had created a fund of £350,000 by supplementing its allocation from the Healthy Pupil Capital Fund with Public Health resources. The Council was working with schools to use this funding to enhance children’s health and wellbeing.

HWB/18/27. **Minutes**

RESOLVED

that the minutes of the meeting held on 31 October 2018 be confirmed as a correct record and signed by the Chairman.

HWB/18/28. **Members' Interests**

None were declared.

HWB/18/29. **Public Participation**

No members of the public had registered to speak.

HWB/18/30. **Health and Wellbeing Board Strategy Delivery**

The Board considered a report that outlined the proposed areas of focus and approach to the delivery of the Joint Health and Wellbeing Strategy. The three key priorities were:

- Driving change to improve mental health and wellbeing for people of all ages.
- Enabling people to optimise their own health and wellbeing.
- Ensuring that growth delivers improvements in health and wellbeing for current and future residents.
RESOLVED

1. that the initial areas of focus for delivery of the strategy, the proposed mapping work in mental health and scoping for building resilient communities be approved; and

2. that the proposal to test some approaches in one or more areas initially before wider roll-out, be approved.

HWB/18/31. *Overview of Actions Proposed to Reduce Excess Weight*

The Board considered a report that outlined the actions and timelines for a ‘whole system approach’ to tackling obesity in Central Bedfordshire, as part of the response to the Joint Health and Wellbeing Strategy objective of “Enabling people to optimise their own and their family’s wellbeing”.

Points and comments included:

- that preventing people becoming obese was key; and
- as employers, the NHS and local authority, could support their employees by promoting and encouraging a healthy lifestyle.

RESOLVED

1. that the importance of tackling obesity in Central Bedfordshire for all partner organisations be recognised;

2. that the proposed universal ‘whole systems approach’, incorporating focused efforts on a geographical area of higher need, be endorsed; and

3. an update be provided to the Board in July 2019.

HWB/18/32. *Integrated Care System Update*

The Board considered a report that provided an update on:

- Progress with the delivery of the priorities of the Integrated Care system (ICS) in Bedfordshire, Luton and Milton Keynes (BLMK);
- the requirement for local health and care systems to produce a new five-year plan by autumn 2019; and
- the emerging thinking about the approach to the development of a person-centred five-year plan.

Points and comments included:

- the population was growing and people were living longer but not necessarily in good health;
people’s accommodation needed to be appropriate as the wider determinants of health have a major impact on health outcomes;

there was a real opportunity to focus on what matters to residents in terms of their wellbeing and health;

focusing on prevention and keeping people healthy and not leaving the intervention until it reached crisis point was especially important;

the need to change the nature of conversations with the public from ‘what is the matter with you’ to ‘what matters to you’;

the ambition that patients would have one single record shared digitally was currently on track; and

sharing patients’ records digitally was being piloted in a number of care homes.

Donna Hall, Chief Executive, Wigan Council who had been overseeing the joining up of health and social care services across Wigan was due to visit BLMK on 19 February 2019.

RESOLVED

1. that the progress on the five key priorities of BLMK Integrated Care System be noted;

2. that the proposed principles underpinning the 5 Year Plan be supported and that the proposed approach to public engagement in the development of the plan be shared with the Board at a future meeting; and

3. that the role of the Board in shaping the plan for Central Bedfordshire be noted.

Integrated Health and Care Hub Programme Update

The Board considered a report that provided an update on the delivery of the Integrated Health and Care Hub Programme.

Points and comments included:

- discussions between the BCCG, the Council and NHS Property Services were progressing with a view to securing a site in Biggleswade;
- the service model for the individual Hubs would be considered by the Transformation Board and then the Health and Wellbeing Board;
- Healthwatch to be provided with a statement about the proposed Hub in Leighton Buzzard to enable them to respond to enquiries; and
- to continue having regulator updates at the Health and Wellbeing Board.

RESOLVED

1. that the progress within the programme underpinning delivery of the hubs be noted; and
2. that the planned actions for the next few months be noted.

HWB/18/34.  **Work Programme 2019/20**

RESOLVED

that the work programme be approved.

(Note: The meeting commenced at 2.00 p.m. and concluded at 4.00 p.m.)

Chairman ..............................

Dated .................................