



## Central Bedfordshire Health and Wellbeing Board

**Contains Confidential or Exempt Information** No

**Title of Report** Joint Health and Wellbeing Strategy

**Meeting Date:** 4 December 2015

**Responsible Officer(s)** Muriel Scott, Director of Public Health

**Presented by:** Muriel Scott

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### Action Required:

1. To consider the update on the development of the Health and Wellbeing Strategy.
  2. To agree the next steps to finalise the Strategy.
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### Executive Summary

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| <b>1.</b> | <p>The Board approved the priorities and outcomes for the Joint Health and Wellbeing Strategy (JHWS) at the meeting in October. The board asked that the strategy be developed further so that the priorities could be considered at the next meeting.</p> <p>This paper outlines the work that has been undertaken since the last meeting and proposes the steps required to finalise the strategy.</p> |
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### Background

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| <b>2.</b> | <p>The Board agreed the four priorities for the JHWS as being:</p> <ul style="list-style-type: none"><li>• Giving every child the best start in life.</li><li>• Ensuring good mental health and wellbeing at every age.</li><li>• Enabling people to stay healthy for longer.</li><li>• Improving outcomes for frail older people.</li></ul> |
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3.	<p>Following the discussion at the Board, lead Directors and senior staff have been aligned to each priority. Work has commenced to provide:</p> <ul style="list-style-type: none"> <li>• An analysis of the data &amp; intelligence – giving the narrative as to why this is an important issue locally.</li> <li>• Local views – what do people think / say of current services.</li> <li>• Effectiveness of current programmes (where known).</li> <li>• Levers for change.</li> <li>• The key actions required of the HWB.</li> </ul>
4.	<p>The emerging priority actions identified to date are:</p> <p><b>Giving every child the best start in life:</b> To focus particularly on delivering improved outcomes in the south of Central Bedfordshire and also delivery of better integrated care to all families with complex needs.</p> <p><b>Ensuring good mental health and wellbeing at every age:</b> <i>For children and Young People:</i> To ensure excellent maternal mental health; help children to become more resilient and increase the early identification of children who are at risk of poor mental health earlier; and ensure that they have access to appropriate services. <i>For adults and older people:</i> To improve the physical health of those with mental health illness by ensuring good access to healthy lifestyle support; support employers to participate in Workplace Health initiatives and to signpost to relevant resources; and increase understanding of mental health and wellbeing and reduce stigma of mental ill health.</p> <p><b>Enabling people to stay healthy for longer:</b> To champion and make the case for the significant benefits of physical activity; increase uptake of NHS Healthchecks consistently across Central Bedfordshire with referral and support to change lifestyles; and to reduce the variation in the management of Long Term Conditions to improve outcomes.</p> <p><b>Improving outcomes for frail older people:</b> To deliver the Better Care Fund plan and drive the transformation required to deliver more integrated preventative care.</p>

<b>Detailed Recommendation</b>	
5.	<p>The work is complex in nature, for example, developing a detailed understanding of local views and current outcomes across systems and organisations. It also requires considerable discussion with partners to understand where the Health and Wellbeing Board can have the greatest impact. Whilst this work is progressing well, further analysis is required prior to the strategy being finalised.</p>

	A detailed discussion following the further analysis will take place at the development session in February 2015.
6.	The Joint Health and Wellbeing Strategy will then be finalised and agreed at the Board meeting in April 2015.

<b>Issues</b>	
Governance & Delivery	
7.	This will be agreed as part of the development of the JHWS.
Financial	
8.	The JHWS will need to be delivered within current agreed resources.
Public Sector Equality Duty (PSED)	
9.	The PSED requires public bodies to consider all individuals when carrying out their day to day work – in shaping policy, in delivering services and in relation to their own employees. It requires public bodies to have due regard to the need to eliminate discrimination, harassment and victimisation, advance equality of opportunity, and foster good relations between in respect of nine protected characteristics; age disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex and sexual orientation.
	Are there any risks issues relating Public Sector Equality Duty                      Yes/No
	If yes – outline the risks and how these would be mitigated

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