

School Readiness Workstream – DRAFT ‘School Readiness’ Key Messages

Key messages for PROFESSIONALS within Central Bedfordshire	Key messages for PARENTS within Central Bedfordshire
(Referencing / building on the Public Health England Document ‘Improving school readiness: Creating a better start for London’)	(Referencing the Central Bedfordshire 12 Ticks leaflet ‘Is your child ready to learn?’)
<p>Parents need to have:</p> <ul style="list-style-type: none"> • Good maternal mental health • A ‘good parenting’ experience with appropriate intervention and support available • Access to high quality Early Years experience and support networks e.g. Children’s Centres, Health Professionals <p>Children need to be able to:</p> <ul style="list-style-type: none"> • Communicate needs and have a good vocabulary through regular speaking and reading activities with parents and good access to books • Socialise with peers and form friendships • Take turns, sit, listen, and play • Have a good level of physical activity to develop motor control and balance (important for brain development and learning) • Have received all childhood immunisations and relevant health checks • Have good physical and oral health – to be well nourished and within normal weight for height • Be independent in getting dressed and going to the toilet • Be independent in eating, recognising and enjoying a range of healthy foods • Recognise numbers and quantities in the everyday environment • Participate in music activities such as singing and other activities (e.g. rhyming activities) to promote social skills 	<p>Children need to be able to:</p> <ul style="list-style-type: none"> • Speak to an adult and know when to ask for help • Understand the word ‘stop’ and that this might be used to prevent danger • Understand the word ‘no’ and the boundaries it sets • Recognise own name including familiar signs and logos • Talk in full sentences and have a good detailed vocabulary • Be aware of other children - play and form friendships • Sit still and listen when asked and also be able to take turns and share • Be toilet trained and able to visit the toilet unaided • Take coat on and off, put on shoes, and dress and undress for PE with minimal adult support • Open and enjoy a book both independently and with an adult • Recognise numbers and take part in counting games • Hold a pencil properly to make marks and begin to draw • Eat a meal or snack unaided, identify and enjoy a range of healthy foods