

Ensuring good mental health and wellbeing at every age

Outcomes

Children, Young People and Adults are emotionally resilient

Children, Young People and Adults with poor mental health recover quickly

People with poor mental health live as healthy and for as long as those with good mental health

Cross Cutting:
Reducing inequalities by tackling the wider determinants
Prevention and Early Intervention
Acting upon patient and customer experience
Safeguarding and ensuring high quality integrated services

There are estimated to be around 4,000 children and young people affected by a mental health problem and around 26,000 adults with a common mental health condition, affecting one in four people over their lifetime.

	Latest Data	DoT	Latest Data	Target	Current Status	England
Proportion in need accessing psychological therapies	Aug 16	↑	4.82 %	15.00 %	▲	n/a
CAMHS waiting for intervention for more than 18 weeks	Sep 16		0 %	0 %	★	n/a
Hospital admissions for mental health 0-17 years	Dec 15	n/a	73.4		n/a	87.4
Hospital admissions for self-harm 10-24 years	Dec 15	n/a	358.9		n/a	398.8
Emotional wellbeing of looked after children	Sep 16	↑	13.4	13.0	●	n/a
Recovery rates for those completing psychological therapies	Aug 16	↓	48.4 %	50.0 %	●	48.4 %
Premature mortality (<75 years) in adults with serious mental illness	Dec 13	n/a	1,232		n/a	1,319
Proportion of adults in contact with secondary mental health services in paid employment	Sep 15		6.5 %	13.2 %	▲	5.8 %

▲ Target missed by 10% or more ● Target missed by less than 10% ★ Target achieved
 ↑ Performance is improving ➡ Performance remains unchanged ↓ Performance is worsening

The proportion in need accessing psychological therapies is improving but currently significantly below the target with a projected year end rate of 15%. A Recovery trajectory is in place to achieve the national threshold by year end. East London Foundation Trust (ELFT) are currently engaged in increasing communications in Bedfordshire for the Wellbeing Service (WBS) to encourage appropriate GP and self referral.

Emotional Wellbeing of looked after children measured through average SDQ scores has improved since the last data but remains above the target of 13. Maintenance of emotional well being for children is achieved through referral to and intervention by CAMHS and further enhanced through having stable placements, consistency of social worker, life story work and care plans that are addressing their needs.

Recovery rates for those completing psychological therapies have fallen and are now below target. This has been raised with ELFT who have confirmed a review of the reasons for the lower than expected performance. Actions carried out within the service will enable the continued high performance to continue throughout the year.