

CENTRAL BEDFORDSHIRE HEALTH AND WELLBEING BOARD

Date of meeting

25 January, 2017

Child and Adolescent Mental Health Services (CAMHS) Transformation Plan

Responsible Officer: Anne Murray

Email: Anne.murray@bedfordshireccg.nhs.uk

Advising Officer: Karlene Allen

Email: Karlene.allen@bedfordshireccg.nhs.uk

Public

Purpose of this report

1. Update on the refreshed Future in Minds Local Transformation Plan (LTP) for Children and Young People's mental health.

RECOMMENDATIONS

The Health and Wellbeing Board is asked to:

1. review the refreshed local transformation plan (LTP) and agree sign off on the identified priorities. (Appendix A)

The key priorities identified in the Local transformation plan are:

- **Development of an Eating Disorders community specialist service –Mandatory**
- **Improvement in access and waiting times to CAMHS through developing crisis and community services – Mandatory**
- **Embedding Children and Young Peoples IAPT (Improved access to psychological therapies) – Mandatory**
- **Development of an all age Early intervention in Psychosis service –Mandatory**
- **Development of Perinatal Mental Health services**
- **Development of Early Intervention and schools support**
- **Development of pathways for Vulnerable groups ie Autistic spectrum disorder /challenging behaviour / complex care, LAC, Children in the criminal justice system.**

Future in mind (2015) – promoting, protecting and improving our children and young people’s mental health and wellbeing’, the report of the government's Children and Young People’s Mental Health Taskforce.

2. It provides a broad set of recommendations that, if implemented, would facilitate greater access and standards for CAMHS services, promote positive mental health and wellbeing for children and young people, greater system co-ordination and a significant improvement in meeting the mental health needs of children and young people from vulnerable backgrounds.
3. Below are some of the key recommendations from the report:-

Schools

- providing a named CAMHS contact in all schools
- involving schools in the local plans devised by Health and Wellbeing Boards
- alternative treatment venues should be made available, in particular for children from vulnerable and hard to reach backgrounds
- promotion of whole-school approach to fostering resilience within schools.

Commissioning

- increase co-commissioning for community and in-patient care with a view to moving away from the current 4 tier model
- local lead accountable commissioning body with single separate identifiable budget for children and young people’s mental health
- design and implement a local plan for children and young people’s mental health in each commissioning area with inputs from all agencies, children and young people and their parents
- increased commissioning of home treatment and other flexible services.

Early Years

- every birthing unit to have a specialist perinatal mental health clinician by 2017

- increased investment in early years health services and ensuring parents have access to evidence based interventions and support to strengthen attachment and avoid trauma
- local authorities to invest in funding for early support initiatives and invest strategically in mental health services from 0-5 from Oct 2015
- health visitors should receive updated training in mental health.

Children and young people from vulnerable backgrounds

- consider removal of the arbitrary age cut-off especially for Looked After Children and children and young people from vulnerable backgrounds
- need for bespoke care pathways using evidence based interventions for children from minority and vulnerable backgrounds
- alternative treatment venues should be made available, in particular for children from vulnerable and hard to reach backgrounds
- shared assessment, case management and regular multi-agency case review processes for these young people
- designated professionals to liaise with agencies and ensure that services are targeted and delivered in an integrated way for children and young people from vulnerable backgrounds.

Improved access

- developing a nationally branded web based portal for children and young people, parents and teachers to access information and support
- all GPs should have a named CAMHS contact
- improve accessibility by practically applying the Department of Health "You're Welcome" quality criteria for young people friendly health services
- potentially extend CAMHS services to young people up to 25 years of age
- increase in number of one-stop shops with single point of access systems based in the community
- greater access to personal budgets for children and young people and their families

- development of peer-support schemes with professional support.

Data and standards

- the production of the CAMHS dataset which would collate key indicators, patient experience and patient outcomes would be a key priority at a national and local level.

Financial and Risk Implications

Allocated funding

4. 2015/16 CAMHS LTP funding allocation £795k + Schools pilot £50 K
2016/17 CAMHS LTP funding allocation £925k +Eating Disorders £227k recurrent until 2020.
5. In addition: £194k split in two parts with the first tranche being available in October 2016 and the second tranche available in February 2017 subject to waiting time's improvement and reduction in waiting lists.
6. Risk -If the Future in Minds Local Transformation plan is not approved by the Health and Wellbeing board there is a risk that further funding will not be released from NHS England to complete the identified changes required to improve outcomes for the mental health and emotional wellbeing for Children and Young people in Bedfordshire.

Governance and Delivery Implications

7. A Monthly Future in Minds steering group has been established with representation from Bedford Borough Council, Central Bedfordshire Council, Luton Borough Council, Bedfordshire Clinical Commissioning group, Parent / Carer forum (SNAP), East London Foundation Trust and CHUMS.
8. The steering group reports to the executive board in BCCG / LCCG and the three Health and wellbeing Boards across Bedfordshire and Luton.
9. The Future in Minds steering group develops and monitors progress against the multi-agency action plan attached to the Local Transformation Plan. See Appendix A.

Equalities Implications

10. The PSED requires public bodies to consider all individuals when carrying out their day to day work – in shaping policy, in delivering services and in relation to their own employees.

It requires public bodies to have due regard to the need to eliminate discrimination, harassment and victimisation, advance equality of opportunity, and foster good relations between in respect of nine protected characteristics; age disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex and sexual orientation.

11. The following organisations have been consulted in preparing the local transformation plans:

- Bedford Borough Council (BBC)
- Bedfordshire Clinical Commissioning Group (BCCG)
- East of England Strategic Clinical Network
- Specialist Commissioning – NHS England
- Public Health (BBC/ CBC/ LBC)
- Central Bedfordshire Council (CBC)
- Luton Borough Council (LBC)
- Luton Clinical Commissioning group (LCCG)
- Education sector
- Criminal Justice Sector
- South Essex Partnership trust (SEPT)
- East London Foundation Trust (ELFT)
- Bedford Hospital
- L&D Hospital
- Parent Carer forums
- Children and Young People
- Voluntary Sector

Implications for Work Programme

12. Future reports updating on progress against the LTP action plan to be shared with the Health and Wellbeing Board.
13. This work has been completed in parallel with the work programme related to Emotional health and wellbeing to ensure that they are aligned. Update presented to Children's Trust board on the 5th December attached Appendix B.

Conclusion and next Steps

14. Bedfordshire and Luton, in partnership with local stakeholder organisations, are reviewing their current CAMHS strategies to align the requirements of Future in Mind, 2015 and the Five Year Forward View for Mental Health. This requires us to promote, protect and improve our children and young people's mental health and wellbeing whilst driving the transformation of local services and support that is available.

15. It is a national requirement that we develop a local transformation plan identifying how the additional investment from NHSE is being allocated to improve parity of esteem for Children and Young People in Bedfordshire.
16. The local transformation plan and evolving action plan is scrutinised by NHSE on a quarterly basis to ensure the five year funding is being used to build capacity and resilience across the system to improve measurable outcomes for Children and Young people's mental health and emotional wellbeing.
17. This plan provides a vision for Bedfordshire and Luton that recognises the importance we place on supporting and equipping children, young people their parents and families, to recognise their mental health and wellbeing needs, access appropriate and timely support at the earliest opportunity to improve mental and emotional wellbeing and reduce the risk of avoidable escalating need.
18. This plan details investment that we have allocated to each priority from the Future in Minds transformation funding allocation for Bedfordshire and Luton. There is a commitment to fully utilise the funding allocated for CYP mental health to develop services locally for CYP and their families to improve health and wellbeing outcomes. Whilst this is a joint plan it is important to recognise that the two areas of Bedfordshire and Luton do have different needs and this is reflected in the weighting of the investment.
19. This is a dynamic plan has been developed in partnership with parent/carers, children and young people and contributed to by all organisation stakeholders working with the local community to promote, improve and support children and young people at risk of/ with emotional wellbeing and mental health needs. As we deliver what we set out in the plan we will take the opportunities of continuing to engage CYP, their families, their carers and professionals working with them to ensure that we stay ahead of any changing needs and wants of those requiring these services in Bedfordshire and Luton. The plan has been agreed through the Bedfordshire and Luton Mental Health and Wellbeing Strategic Transformation Steering Group.
20. Transforming children and young people's mental health, evidencing the impact that this additional funding from which we are redesigning services, recruiting specialist staff, increasing activity has on the lives of service users in Bedfordshire and Luton is central to what we are aiming to achieve.
21. The delivery of extra capacity and capability across Children's and Adolescent mental health services will improve outcomes for CYP in Bedfordshire and Luton.

22. Our plan is to embed the overarching principles of integration that will allow organisations the opportunity to exploit areas of commonality to extend boundaries and develop seamless ways of working that can be aligned with the wider STP footprint which incorporates Milton Keynes.

Appendices

Appendix A – Local Transformation Plan

The local transformation plans have been published on line:

<https://www.bedfordshireccg.nhs.uk/page/?id=4559>

<https://www.lutonccg.nhs.uk/page/?id=4046>.

Appendix B – Emotional Health and Wellbeing update

Background Papers

Key Documents:

https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/414024/Childrens_Mental_Health.pdf

<https://www.england.nhs.uk/wp-content/uploads/2016/02/Mental-Health-Taskforce-FYFV-final.pdf>

<https://www.england.nhs.uk/wp-content/uploads/2015/07/cyp-eating-disorders-access-waiting-time-standard-comm-guid.pdf>

<https://www.england.nhs.uk/mentalhealth/wp-content/uploads/sites/29/2016/02/tech-cyped-eip.pdf>

<https://www.england.nhs.uk/mentalhealth/cyp/iapt/>

<http://everyonesbusiness.org.uk/wp-content/uploads/2014/06/Joint-Commissioning-Panel-perinatal-mental-health-services.pdf>

<http://everyonesbusiness.org.uk/wp-content/uploads/2014/06/Joint-Commissioning-Panel-perinatal-mental-health-services.pdf>

<https://www.england.nhs.uk/wp-content/uploads/2016/09/NHS-operational-planning-guidance-201617-201819.pdf>