

## Ensuring good mental health and wellbeing at every age

### Outcomes

Children, Young People and Adults are emotionally resilient

Children, Young People and Adults with poor mental health recover quickly

People with poor mental health live as healthy and for as long as those with good mental health

#### Cross Cutting:

Reducing inequalities by tackling the wider determinants

Prevention and Early Intervention

Acting upon patient and customer experience

Safeguarding and ensuring high quality integrated services

There are estimated to be around 4,000 children and young people affected by a mental health problem and around 26,000 adults with a common mental health condition, affecting one in four people over their lifetime.

	Latest Data	DoT	Latest Data	Target	Current Status	England	Statistical neighbour/deprivation decile
Proportion in need accessing psychological therapies	Sep 17	↓	7.12 %	15.00 %	▲	n/a	n/a
CAMHs waiting for intervention for more than 18 weeks	Dec 16	→	0 %	0 %	★	n/a	n/a
Hospital admissions for mental health 0-17 years	Dec 15	n/a	73.4	?	n/a	87.4	n/a
Hospital admissions for self-harm 0-18 years (CBC Population)	Sep 17	↓	46	?	n/a	n/a	n/a
Emotional wellbeing of looked after children	Sep 16	↑	13.4	13.0	●	n/a	14.6
Recovery rates for those completing psychological therapies	Sep 17	↓	47.7 %	50.0 %	●	48.4 %	n/a
Proportion of adults in contact with secondary mental health services in paid employment	Sep 16	↑	10.8 %				n/a

▲ Target missed by 10% or more   ● Target missed by less than 10%   ★ Target achieved  
 ↑ Performance is improving   → Performance remains unchanged   ↓ Performance is worsening

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#### Successes

- The numbers of adults in contact with secondary mental health services in paid employment increased to 10.8% in 2015/16, although it remains below target

#### Challenges

- The proportion in need accessing psychological services indicator has been set at 15.45% annually with monthly thresholds agreed with the provider of 7.25%. The September figure was 7.12%, so remains below targets.
- The recovery rates for those completing psychological therapies has fallen below target. ELFT have submitted an action plan to deliver targets of 50% in Q3 and Q4.

#### Health and Wellbeing Board action:

To continue to monitor the performance of ELFT around access to IAPT, and recovery rates for those completing psychological therapies.