

CENTRAL BEDFORDSHIRE HEALTH AND WELLBEING BOARD

Date of Meeting:

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School Health Education Unit Survey

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Public

Purpose of this report

1. To provide an overview of the findings of the School Health Education Unit (SHEU) survey and action required.

RECOMMENDATIONS

The Health and Wellbeing Board is asked to:

- 1. champion the delivery of the actions relating to improving mental health and wellbeing for children and young people which have been identified as part of the emerging Joint Health and Wellbeing Strategy.**

Background

2. The Schools Health Education Unit (SHEU) survey is commissioned biennially to gather pupil's perceptions of their own health and wellbeing. 5502 pupils from 36 Lower and primary and 19 middle and upper schools across Central Bedfordshire. This is the largest pupil sample surveyed about their health and wellbeing in Central Bedfordshire
3. The survey was also undertaken in 2014 and 2015 which provide information on trends. In addition, comparisons are drawn with the SHEU reference sample of 92,193 pupils across the UK.

4. The survey was undertaken by an equal number of males and females from years 4, 6, 8, 10 and 12. The sample comprised 17% non-white British, 4% Young Carers, 2% Looked After Children and 5% who identified themselves as Lesbian, Gay and Bisexual, (LGB).

Issues

5. A summary of the results is included in Appendix A with comparisons over time or with the wider SHEU sample.
6. The main priority for action was identified as increasing pupil resilience. The actions required and already underway are outlined in Appendix B.

Financial and Risk Implications

7. There is a risk that if actions to improve pupil resilience are not effectively implemented that outcomes will not improve. This could have far reaching implications for the mental health and resilience of young people.

Governance and Delivery Implications

8. The actions identified will either form part of the emerging Joint Health and Wellbeing Strategy and / or the delivery plan for the Children and Young People's Plan.

Equalities Implications

9. The PSED requires public bodies to consider all individuals when carrying out their day to day work – in shaping policy, in delivering services and in relation to their own employees. It requires public bodies to have due regard to the need to eliminate discrimination, harassment and victimisation, advance equality of opportunity, and foster good relations between in respect of nine protected characteristics; age disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex and sexual orientation.

Implications for Work Programme

10. Delivery of the actions identified will be reported as part of the emerging Joint Health and Wellbeing Strategy.

Conclusion and next Steps

11. The Schools Health Education Unit Pupil Health and Wellbeing Survey Report provides up to date information and data on developing trends and local needs in relation to pupil health and wellbeing.

12. The results of the report have been shared widely amongst schools, colleagues and partners including the Clinical Commissioning Group and service providers. All those in contact with children and young people will be encouraged to consider what the findings mean for them and what actions they may be able to take to improve children and young people's health, wellbeing and resilience.
13. The SHEU survey has been used to inform the actions identified in the emerging Joint Health and Wellbeing Strategy.

Appendices

Appendix A: Summary of the Schools Health Education Unit Central Bedfordshire Pupil Health and Wellbeing Survey Report 2017.

Appendix B: Priority for Action – Improving Pupil Resilience

Background Papers

None