Enable people to optimise health & wellbeing

Reduce likelihood of people developing preventable long term conditions

- Access to information and advice
- Healthy Workplaces
- High quality PHSE
- Promote healthy choices for young children
- Digital support
- Building resilient communities
- Social Prescribing
- Detailed understanding of what would help local residents
- Community engagement and participation

People with poor health have appropriate support

- Making Every Contact Count
- Flu vaccination
- Fair employment and good work for all
- Secure and stable accommodation
- Education and skills
- System wide self-care programme
- Social Prescribing
- Self-management
- Lifestyle services
- Excess Weight
- Preventing alcohol harm